

Salmon Arm Waves Masters Swim Club
Thursday, September 4, 2025
Annual General Meeting, 6:00pm
4131 20th Street NE, Salmon Arm BC

AGENDA:

1. Call to order 6:13pm and Establishment of a quorum YES
 - Members of Executive present: Fran (President), Daphne (VP), Laurie (Registrar), Allison (Treasurer), Lauren (Secretary), Bob (Member at Large)
 - Regrets: Karen (Member at Large), Angela (Past president/Website)
 - Minutes recorded by Lauren
 - Total members present: 11, Members of the public present: 1, Total: 12
2. Review/Adopt Agenda - Motion to approve agenda by Bob, 2nd by Daphne. Approved
3. Review/Adopt minutes of 2024 AGM - Motion to approve minutes by Allison, 2nd by Bob. Approved
4. Appointment of Scrutineer - Jason volunteered
5. Financial Report and Statements - Allison
 - Another good year financially. Similar expenses as last year with slightly more fees collected. The pools fees have increased slightly.
 - Currently have \$18,124.65 in our chequing account and \$0.84 in our gaming account
 - Applied for the gaming grant again but not word yet if we will be receiving one
 - Printed off Income statement attached
6. Election of Directors:
 - Our bylaws state all positions are on a two year term so they are all up election this year.
 - All executive board members will run for their respective positions again. Laurie Shea will stay on for one more year on her own. A new registrar will need one year to work and learn with her before having the position to themselves
 - Call for nominations for any positions - none received
 - All incumbents are therefore re-elected into their position:
 - President: Fran Burman, VP: Daphne Brown, Past-President/Website - Angela Carson, Registrar - Laurie Shea, Secretary- Lauren Koch, Treasurer - Allison Turland, Director-At-Large - Bob Wilkins, Director-At-Large - Karen Strangeways
7. New Pool manager
 - Jason Freund, the City of Salmon Arm's new Aquatic and Program Manager, attended the meeting to introduce himself

- He has been working in aquatics in many different roles since age 17 including: lifeguarding, teaching lifeguarding courses, running pools, running swim meets, and was included in opening four new aquatic facilities. Most of his work has been in BC, with a short time in Lethbridge and on the board of Swim Alberta
- Currently working on learning about our pool and seeing how things can be improved instead of staying with the status quo. This could mean our swim times might be moved/adjusted in 2026
- When asked about how long approximately it takes to open a new pool facility, he stated it is approximately 5 years from securing the funds, drawings, engineering, construction, etc.

8. Session Dates - Fran

- PowerPoint presentation by Fran to address the next four agenda items (Dates, Coaching, Fees, and a re-cap of our previous year)
- Fall 2025 session is 15 weeks from Monday, Sept 8 to Saturday, Dec 20th
- Winter 2026 session is 13 weeks from Monday, Jan 5 to Thursday, April 2
- Spring 2026 session is 12 weeks from Tuesday, April 7 to Saturday, June 28
- All times and number of lanes remains the same as previous years
- We are still able to use the pool's equipment: fins, pull buoys, kickboards but they must be put away. Hot tub and sauna access is limited to our swim times. Access to the swim deck is allowed but we can not get into the water until our time has started and getting the okay from the lifeguard on deck. Please limit your time in the change room to 15 minutes after the evening swims as at the lifeguards need to complete their nightly clean
- New this year: we are NOT to use any open lanes on Saturday mornings if the Selkirks are not swimming. Fran needs to notify the lifeguards, in advance, if we are going to spill over into open lanes so we can be charged accordingly

9. Coaching

- Included in the PowerPoint
- Big thanks for Barry for another year of coaching!
- With Barry's commitments to the Selkirks through the fall and winter and the Sockeyes in the spring, he can not commit to being on deck for us in the mornings and evening sessions for our whole season
- We received good feedback on our trial of online/printed workouts from Brite Coaching in the spring season. Lots of members liked the intensity and found they saw an improvement their fitness
- The main result of Survey Monkey was that our members are interested in a hybrid model with a coach on deck at least some of the time with swim sets that included more stroke and less freestyle focused, with short sets
- For the 2025-2026, we have approached four different individuals with coaching experience who all turned us down, for various reasons

- One of our members, Janice Helle, has agreed to being our temporary coach for this year. She will be on deck for the evening swims, and on deck in the morning to explain the workout at the beginning of our time but then will swim the session. She has experience coaching swimming and triathlon
- We have purchased a new whiteboard and markers for this session
- We have also purchased a set of 24 workouts from Swimstronger.net for \$55 CND. The workouts are all 3000m and made for Masters swimmers. Janice will review these and can use them or her own workouts
- For our Saturday morning swims, we will be re-using a Brite Coaching endurance workout from the Spring session

10. Proposed season Fee Schedule - Fran

- Included in the PowerPoint
- The cost of the 2024/2025 season was \$27,339 and the income was \$25,827, with a deficit of \$1512
- For the 2023/2024 season, we had a similar deficit of \$1784
- Our aim is to break even, wanting to keep costs down for swimmers but keep the club alive
- The BC Gaming Grant has been a great to help to us and eliminating the need to do much fundraising in the community
- The City of Salmon Arm has let us know to expect at 5% increase in pool fees starting in February 2026
- The team's registration cost with Swim BC is \$200 for 2025 (same as 2024)
- The coach's registration cost with Swim BC is \$128.25 for 2025 (same as 2024)
- The swimmer's annual swim fee is \$77 in 2025, up from \$64 in 2024. The fee break down is: \$15.50 to Swim Canada, \$50.00 to Swim BC and \$11.50 to MSABC
- Our club will continue to join Swim BC for this swim year despite the ongoing issues with their organization. This is a topic we will revisit as needed
- Fees for the fall session: swimming 1x/week \$205, 2x/week \$290 and 3x/week \$360. Fees due September 19th
- Fees for the winter session: 1x/week \$178, 2x/week \$250 and 3x/week \$315
- New this year: we will NOT accept drop in fees for swimmers. It is very hard to ensure swimmers are paying for their swims. They will need to register as a swimmer for the session and fill out the paperwork as everyone else does

11. Recap of Swimming Events

- Included in PowerPoint
- Our session started in our home pool with the 55+ Games in September. Several of our members swam
- Theo Manly became a national record holder in the 1500m event at provincials
- Our members participated in a number of open water swims and triathlons this summer including: Across the Lake Swim in Kelowna, Kalamalka Lake swim, The Big

Effort Swim in Christina Lake, Oliver Olympic distance triathlon, Apple triathlon in Kelowna and the upcoming open water swim at Copper Island

12. Swim BC update/Registration - Laurie

- This will be our second year on the new platform
- There are still lots of issues with it
- Communication is very slow from SwimBC
- New registration and emergency contact forms are on the website. Fill them out, email them to Laurie via the registrar email address and email the fees to Allison via e-transfer

13. Fund-Raising: Gaming Grant - Allison

- Still no word back if we have received the grant for this year

14. Social Media: Website and FB - Fran for Angela

- Angela will continue to keep the website updated with our dates, times, fees and forms
- The Facebook page is also update on occasion

15. New Business

- Question about how many registered swimmers we had last year - Laurie said in the high 30's. Fran said projection are done based on 42 swimmers but haven't had that many recently

ADJOURN - 7:08pm